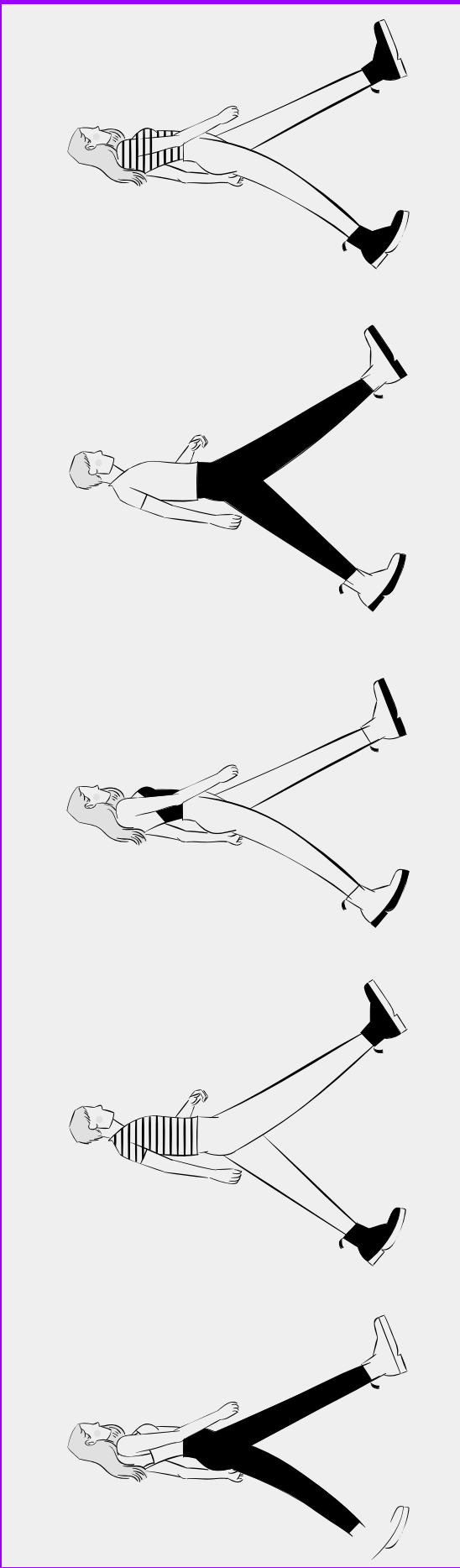


Kindness and Respect Guidance lesson

**BOERNE HIGH SCHOOL
COUNSELOR PRESENTATION**





BHS Counselors



Ms. Poulis students with last names A-F

Mrs. Harney students with last names G-MA

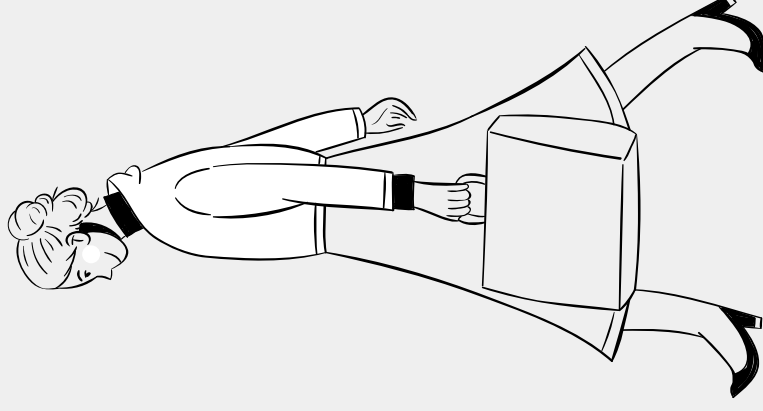
Mrs. Johnson students with last names Mc-R

Mrs. Mourni students with last names S-Z



**“We all live with the
objective of being
happy: our lives are
all different and yet
the same.”**

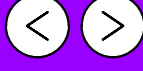
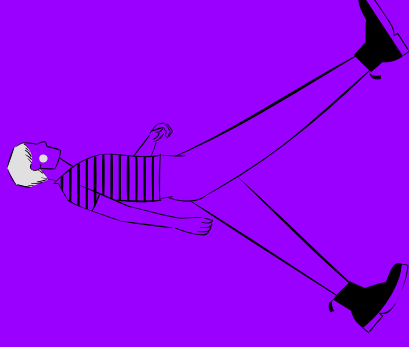
Anne Frank



Playful Teasing vs Hurtful Teasing

Playful teasing

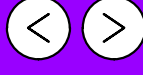
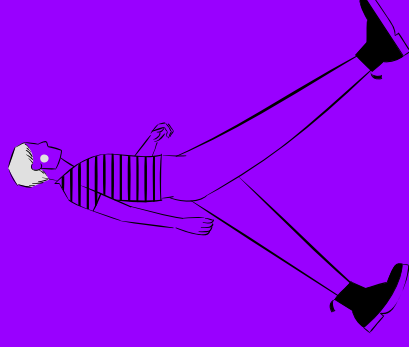
- You already have a friendly relationship with them.
- Nobody is upset
- Both people are laughing or in on the joke.
- Nobody is ganging up on anyone.
- The topic of the teasing is not things that are out of the person's control like appearance or ethnicity.
- The topic of the teasing is not a sensitive subject that causes hurt feelings.



Playful Teasing vs Hurtful Teasing

Hurtful teasing

- **Sensitive topics are used:** Joking or making fun of someone for their differences.
- **Hurtful intentions**–Why are you doing the teasing? Is it to make others laugh or is it to strengthen your friendship?
- **Sarcasm is used**–Be careful about using sarcasm with people that you don't know because they make take it the wrong way.
- **Harsh language**
- **They don't seem to think its funny like you do.**



HOW TO HANDLE HURTFUL TEASING

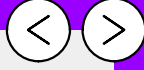
- ★ Ignore and ★ Don't give a ★ Let the person
walk away reaction know you don't
like it
- ★ Change the ★ Talk to an ★ Surround
topic adult yourself with
positive friends

[How to be Kind video](#)



**“Could a greater
miracle take place
than for us to look
through each other’s
eyes for an instant?”**

-Henry David Thoreau





I CAN RESPECT MYSELF AND OTHERS

MYSELF

- Ignoring unhelpful thoughts
- Taking education seriously
- Following rules
- Being a truthful person
- Trying my best, always
- Not giving up
- Showing thanks and gratitude
- Being a kind person
- Forgiving myself
- Forgiving others



OTHERS

- Treating others the way I want to be treated
- Accepting others the way they are.
- Understanding their boundaries.
- Helping them if they need it
- Listening without interrupting
- Supporting their ideas without making fun of them
- Listening to the speaker/teacher
- Including others
- Staying out of there personal space



THANKS!

Treat others the way you want to be treated.

SPREAD KINDNESS VIDEO

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